

# Sergio Spiraling: Sergio Spiraling: Marco's MMA Boys 5.5

S. M. Donaldson



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Spiraling- A fast declining mental or emotional state. Army Sniper Sergio Nichols knows what it's like to be on top of the world. He's had the greatest days of his life, until he has the worst day of his life. How do you start all over? How do you learn to live again? How do you find that same fiery passion? They say there are five stages of grief, but it sure feels like a hell of a lot more. Fight- A battle or combat. He knows this all too well, he's fought insurgents for over eight years now, he's battled his mental state, now to make money doing it physically ...

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