



Bipolar: How My Wife Saved My Life From The Enemy Within: Personal Accounts and Opinions of a Sex Drugs and Manic Life

T R Savage

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Sex, drugs, mania, rage, money and poverty, the hyper-creativity stemming from chronic insomnia....first person experience dealing with Bipolar. Dispelling some of the myths and confusion perpetrated by the media, the uninformed and even your local "shrinks". I'm hoping to explain to those newly diagnosed and/or their family members some of the details that may be incurred. From meds that were tried, shrinks that failed, women I've known, drugs and drink enjoyed, to the massive workouts that encompass this one mans daily life and struggle. And finally leading to my main salvation, my wife and another woman who are helping to rescue me from my personal hell. Proving you CAN overcome, or properly deal with Bipolar and maybe even use it to your advantage.

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