



Candida Quick Cleanse

Shawn Rashid

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Candida is a yeast infection that can affect anyone at any age. This kind of infection is very difficult to treat with standard medications. Potent antibiotics and anti-fungals can only do so much but won't totally treat the infection. Candida causes huge Sugar and crab cravings, These uncontrollable cravings can result in very unhealthy eating habits and even long term chronic diseases such as Diabetes, heart diseases, Obesity and high blood pressure. In this book, you will learn everything there is to know about Candida. Find out: • What is Candida • How Candida develops • What are the effects of lifestyle and diet to Candida • How to treat Candida safely and effectively, without serious side effects from medications • What is the Candida Cleanse • What is colon cleanse • What foods affect Candida? What foods worsen it? What foods treat the infection? • What are the alternative detox methods to help eliminate Candida • And so much more. Killing the yeast and getting the population back under control is only half the story. There is also something called "die-off" to be concerned about. Find out exactly what die-off is, what causes it, what the symptoms are, and how to deal with it. Most importantly, this book will also show you how to live Candida-free for the rest of your life. You don't have to suffer anymore. Read this book today and change your life forever.

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