



Learning to Cope with Sight Loss: Six Weeks at a VA Blind Rehabilitation Center (Audio CD Edition)

William L. McGee, Sandra V. McGee

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Packaged in a sparkling jewel case, the Audio CD edition of **Learning to Cope with Sight Loss** is a 75-minute, complete text recording from the 36-page booklet.

The Audio CD edition is recorded by four San Francisco Bay Area Broadcast Legends: Narrated by Don Mozley (CBS Radio and KCBS/74); the author's words read by director/writer/producer Ed Dudkowski (KPIX-TV, KRON-TV); and first-person stories read by Emmy award winning news anchor Cheryl Jennings (ABC 7/KGO TV) and Warren Weagant (ABC 7/KGO Radio and TV, and Command Productions, Sausalito, California).

Legally blind since 2003 from macular degeneration, author and former broadcaster William L. McGee chronicles his six weeks at the VA Western Blind Rehabilitation Center in Palo Alto, California where he resided with 30 other blinded or low vision veterans and together they learned how to cope with sight loss. The author juxtapositions the VA s descriptions of the various components of the treatment program with his own day-to-day experiences and observations.

Tracks

Track 1. Front Matter

Track 2. Introduction

Track 3. Part I, My Vision Loss History

Track 4. Part II, VA Western Blind Rehabilitation Center

Track 5. Part III, VA Blind Rehabilitation Program: Overview, Visual Skills, Orientation and Mobility, Living Skills, Manual Skills, Computer Access Training, Recreation Therapy, Adjustment to Sight Loss, Family Training

Track 6. Conclusion

Track 7. Appendix: List of VA Blind Rehabilitation Centers, List of Resources for Blinded and Low Vision Non-Veterans and Veterans

Recommended listening to inspire and inform anyone with low vision, their families, and caregivers.

"Thanks to the VA Blind Rehab program, I've come around 180 degrees." -R. A. Rodriguez, U.S. Navy, Vietnam. Vision problem: Tractional Retina Detachment

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