



Resilient Grandparent Caregivers: A Strengths-Based Perspective

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The study of grandparents raising grandchildren, now almost two decades old, has tended to have a negative bias, emphasizing the difficulties such people face and the negative impact that grandparent caregiving has on them physically, socially, and emotionally. This edited book seeks to reverse this trend by taking a positive approach to understanding grandparent caregivers, focusing on their resilience and resourcefulness. This method reflects a strengths-based approach and the importance of benefit-finding and positive coping. Chapters feature information from both qualitative and quantitative studies and are written by a diverse range of professionals, such as counselors, psychologists, geriatric social workers, and nurse practitioners, to provide multidisciplinary perspectives for practitioners working with grandparent caregivers. Part one discusses the positive qualities that custodial grandparents possess – resilience, resourcefulness, and benefit finding. The second part considers the sociocultural aspects of resilience and resourcefulness in grandparent caregivers. Finally, part three presents strengths-based interventions for working with custodial grandparents. Practitioners will find this to be a valuable resource in their work and the field as a whole, stimulating positive changes in attitudes toward and practices with grandparent caregivers.

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