



Bone Broth: The Bone Broth Guide - Improve Your Health, Look Younger and Lose Weight

George Walton

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WARNING: This book is going to rock your world!

In this book, George Walton (author) shows you how you can **look younger, lose weight and drastically improve your health** with the help of bone broth.

The sole purpose of this book is to give you the information you need to start reaping the **massive** benefits that bone broth has to offer YOU.

Keep in mind, this is not a 300 page novel. This is a guide that will teach you exactly the things that you need to know about bone broth, nothing less, nothing more. It will remove all the fluff and take you straight to the core of the matter.

Here is a list of just some of the topics that are covered in this book:

- The benefits of bone broth
- How to store bone broth
- Where and how to buy the ingredients you need
- What to watch out for when making bone broth
- What bones can you use?
- The Ultimate Bone Broth Recipe (This one recipe is all you need!)
- The bone broth challenge
- Much, much more

This **easy to read and non-fluff** guide will help you start reaping the benefits that bone broth has to offer.

This is the first and only guide on bone broth you will ever need!

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Ana Lopez:

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Olive Wilson:

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