

# Sport Education: Quality Pe Through Positive Sport Experiences

Daryl Siedentop



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This text details how sport can help students learn fair play, leadership and "followship" skills and selfresponsibility in addition to becoming competent players. It shows physical educators how to implement effective sport education programmes within their physical education classes to achieve these goals. The author explains his sport education model and provides school-tested plans for applying the model to specific sports and activities. Part 1 describes the sport education model and the curriculum and instructional methods used to implement it. Part 2 presents examples of how the model has been used effectively in school settings. Part 3 explains models of evaluation and assessment. A chapter in this section shows how the sport education model can be used to develop an "Olympic" curriculum that incorporates the global education, multicultural education and personal development goals of "Olympism" and provides a unifying theme for the sport education proramme.

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