



BSM/British Red Cross First Aid for Motorists

British School of Motoring

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Each year a staggering number of people - drivers, passengers and pedestrians - are injured or killed on British roads. Many of these casualties could be treated and deaths avoided if road users possessed a better knowledge of first aid. For this reason BSM has collaborated with the British Red Cross to bring us this manual. Covering all aspects of first aid - from assessment of an emergency scene to dealing with bleeding, fractures and burns, to performing cardio-pulmonary resuscitation - this is a guide to treating injuries and saving lives, essential skills for today's road users.

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