



Let Herbs Do It: a Collection of Anecdotes and Cooking Suggestions to Enliven the Use of 26 Herbs Which Should Be Staples in Every Kitchen

Virginia Williams Bentley

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Each of the twenty-six herbs and spices discussed in the book include historical information, how it each is commonly used in cooking, and a couple of recipes that highlight that herb or spice. The use of herbs and spices had pretty much gone out of vogue in the 19th and early 20th centuries in the US, particularly in New England, therefore when reading recipes from the period, very little seasoning is mentioned. This changed after World War II, when herbs and spices again became popular, but the American cook had little knowledge of their use. Today, there is a staggering array of seasonings available to the home cook, but do most cooks really know which one is best to use in which type of cooking? LET HERBS DO IT will help demystify the twenty-six herbs and spices that the author feels no kitchen should be without!



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