



Psalm Therapy: Healing Negative Emotions God's Way

Kimberly Taylor

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Do negative emotions threaten to overwhelm you? You need **Psalm Therapy!** Whether you are struggling with abandonment, anger, anxiety, doubt, or fear, you will find people to whom you can relate in the book of Psalm.

In **Psalm Therapy: Healing Negative Emotions God's Way** you will learn how to work through negative emotions so that you can come out on the other side victorious. You will find scriptural encouragement to overcome negative self talk and self image too.

God created you to live in joy in Him, no matter what you have experienced in your past or outward circumstances in the present. He has great plans for you, plans to prosper you and not to harm you, to give you hope and a future.

You can overcome negative emotions through the power of God's word! Just give yourself **Psalm Therapy.**

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