



Rock Climbing Anchors: A Comprehensive Guide (Mountaineers Outdoor Expert)

Craig Luebben

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"Climbing anchors allow climbers to safely defy gravity. Solid anchors and proper rope techniques can prevent a fall from turning into a catastrophe, while bad anchors are an accident waiting to happen," says certified guide Craig Luebben, who invented his own type of climbing protection, the Big Bro. Since then, he taught rock climbing to hundreds of clients and has conducted self-rescue clinics across the United States. He distills more than twenty-five years of experience into *Rock Climbing Anchors*.

This entry in the Mountaineers Outdoor Expert Series, for intermediate-to-advanced climbers, presents modern anchoring ideas and techniques for top-roping, rappelling, sport climbing, traditional rock climbing, and mountaineering-all in one comprehensive guide. Luebben covers the finer points of all types of commonly used anchors: removable anchors including hexes, wired nuts, tri-cams, expanding wedges, expandable tubes, and cams; natural anchors such as trees and boulders; and fixed anchors like bolts and pitons. Photos show a variety of gear placements, accompanied by discussion of the pros and cons of each.

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