

The Naked Soul: God's Amazing, Everyday Solution to Loneliness

Tim Alan Gardner



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The Naked Soul: God's Amazing, Everyday Solution to Loneliness Tim Alan Gardner Go ahead. Leave your loneliness behind.

We all want to matter to someone, but the risks of relationship can seem far too great. It's easier to just keep our distance.

We fear embarrassment, misunderstandings, and even rejection, so we silently endure our loneliness. We work on trying to be nice–rather than being real–hoping that others will like us. Or we might simply give in to the path of least resistance–the life of hurry, impatience, and fatigue–which feels familiar and safe. We pay a terrible price to avoid authentic relationships.

It's time to stop denying your deepest longing-the desire to be known and loved. *The Naked Soul* shows you how to know and accept others, and how to be known and accepted by others. You can exchange the familiar but deadly territory of loneliness for the exhilaration of giving and receiving love.

You don't have to hide any longer. Break free from loneliness, be the person God created you to be, and start living a life that matters.

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