



Walking the Blue Ridge: A Guide to the Trails of the Blue Ridge Parkway, Third Edition

Leonard M. Adkins

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For this updated edition of the classic Parkway trail guide, Leonard Adkins has rehiked many of the trails, reworked the descriptions of their physical features, added new trails, and deleted trails that have closed. The book includes hikes for every skill and interest level, from five-minute "leg-stretchers" to overnight hikes. In addition to trail length and difficulty, Adkins notes points of interest and natural features to be found along each trail.

"We value the detailed and well-organized information contained in Adkins's book and consider it a fine asset for our visitors. It provides the most complete information on our trail system, and our trail planners refer to it regularly. We know it provides reliable information.--Larry Hultquist, Blue Ridge Parkway Resident Landscape Architect

"A model of what a guide for hikers and backpackers ought to be.--Rock Hill Herald

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