



# Back in the Saddle Again: How to Overcome Fear of Riding After a Motorcycle Accident

Brenda L. Bates

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Whether you were involved in a motorcycle accident, or you are experiencing indirect trauma due to the accident of a loved one, this book is for you. Motorcycle enthusiasts will enjoy learning about what makes them live to ride and ride to live. Back in the Saddle Again is also a useful tool for mental health professionals treating individuals who were in a motorcycle accident.



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