



# The Body Book: Recipes for Natural Body Care

*Anne Akers Johnson*

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# The Body Book: Recipes for Natural Body Care

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**The Body Book: Recipes for Natural Body Care** Anne Akers Johnson

A cookbook of simple, natural recipes for treating hair, skin and nails. Comes complete with a home spa kit, including a nail buffer, facial brush, pumice stone, three essential oils (lavender, peppermint and tangerine) and more. For tweens and teens, this book is a natural. PUBCOMMENTS: Winner of Canadian Toy Testing Council Children's Choice Award, DiscoverySchool.com Award of Excellence

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