

Equine Lore Healthy Horses Holistically: The Body of Knowledge for Care, Health, and Healing Horses

Hetty Tapper



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The main purpose of this book is to show how we can all learn to help and heal our horses. The aim is to bring healing back to where healing belongs "with everybody". Understanding behaviour and communication is important as they are expressions of energy and are crucial to learning to understand others. In this book, you will discover natural, gentle, and supportive therapies that work in harmony with the healing system to help restore and maintain health. Healing will occur when we work with, not against the forces of nature that exist within the body. Animals are our teachers and very often they lead us on a path of discovery that we would not have embarked on without them in our lives. This book will help our descendants and their horses towards a better understanding and a greater mutual respect between the species. Take responsibility for your horse's health and wellbeing. You will find that they will not only feel and look better; they will achieve much more and avoid disease and ailments caused by lifestyle and bad diets. Give your horses the happy, healthy, and vibrant lives they deserve! Topics covered include: Anatomy Horse Care Dietary Requirements Vitamins Minerals Herbs Essential Oils Essences Tissue Salts Subtle Anatomy Energy Healing Yin and Yang Five Elements Chakras Meridians Materia Medica Common Ailments

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