



Hidden Realms Within: A coloring book for self exploration

Suzanna B Stinnett

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"So excited to explore my own zentangling in the space included around these beautiful images! It's the best of both worlds." --*Carly Monserrat, Detroit MI.*

"I love this book for its unusual combinations and sensory shapes. Want to see more from this illustrator!" --
Mikaela Prouty, BVI

"Hidden Realms Within" is a coloring book for self exploration. The designs are original and varied, including elements which are nice and large, to share with less experienced around the table.

The images include florals, patterns, mysterious scenes and unusual figures. You'll find altars, forest mushrooms, fish patterns, whimsical castles and dragonflies, intricate borders and owls, to name a few.

Each image is included twice for experimentation and sharing.

Take your time with this collection, and enjoy discovering your own hidden realms!

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Christopher Parker:

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