



Cindy Reid's Ultimate Guide to Golf for Women

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When it comes to women and golf, it's not just about the swing or the correct putting stroke. No one knows this more than Cindy Reid. Now the director of instruction at the Tournament Players Club at Sawgrass, she's become a world-class teacher in an industry long dominated by men. But Cindy Reid didn't pick up a golf club till she was in her early twenties, and she displays a unique and gifted empathy for the record numbers of women taking up the game, too many of whom find themselves not enjoying it nearly enough. She understands, for example, that women learn the game in a completely different way from men -- their concerns stretch way beyond correct mechanics -- and her guide is filled with positive and easily implemented advice, perfect if you're a beginner, if you can play a bit, or if you're scratch.

Filled with clear-cut advice and stunning full-color photography, *Cindy Reid's Ultimate Guide to Golf for Women* covers all the bases in a simple, conversational style -- from getting the right clubs and accessories, through understanding all the basics of swing technique and game management, and right on into how to keep fit for golf. The book is also filled with anecdotal material on the social aspects of the game, including how to be confident on the course when men are trying to hurry you along, what to look out for when you take a lesson, even how to correctly fold a glove when you're on the green. Driving, putting, playing, fitness, fashion, etiquette: It's all here, and with this groundbreaking book women golfers everywhere can post better scores, gain increased confidence, and above all, enjoy the game more than ever.

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