



Random: Weaving A Tapestry

Jeanette E Hebb

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In this fascinating book, you will "walk" with Jeanette Hebb as she weaves together an inspirational book on Bipolar Disorder. She has provided a case study of her 40-year struggle with the disorder she sometimes calls a disease, and has disclosed little-known facets of the experience. This book takes into account the Bipolar disorder, its cycles, heavily-researched medical reference material and support for both the individual and family; it also details the disorder's manifestations and individual's coping tools. Unique to this book is the inclusion of Ms. Hebb's medical diagnosis and police records, as well as many illustrations and sentiments. Ms. Hebb also discusses a side of the disorder usually not highlighted in Bipolar books, in that she discloses how she escaped death from the disorder. She uses a groundbreaking approach to present the material in a thought-provoking manner, and reveals other details not commonly emphasized in other publications. This book presents the bottom-line of this disorder in layman's terms for all to understand. After reading this book, you will have gained an in-depth knowledge of either yourself or loved ones who are suffering and the impact of what happens to you and both family and friends, when in various cycles--what triggers them, and advice on what to do in preparation for a crisis.

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